

# RISE Mentor Program

RISE mentor program exists to cultivate the call of God in your life. The program is for 6 or 10 months and consists of coaching and course work to develop you and your call.

The focus of this program is intensive personal growth to prepare you to fulfill this call. RISE is for anyone who wants to be mentored to develop themselves and their gifting, their dreams and call, or a God inspired project. This program will equip and empower those who are - already or getting ready to be - preachers, pastors, youth workers, teachers, coaches, missionaries, authors, business owners, community workers and marketplace leaders. In this program and mentor relationship; Amanda will nurture, develop and inspire you and your call through a course and monthly personal coaching.

**Aim of RISE:** To provide a program and to be a person who will nurture, inspire and empower you and your call to rise.

**Content of RISE:** RISE is a 10 month program with three main components based around a monthly 'Topic of Focus'. The three components are:

- 1. Course Work:** Reading and reflection activities. These activities will be based on the RISE course content and recommended reading which will be sent to you every month via email.
- 2. Action Activities:** Achievement of personal, ministry and project goals will be established in the first coaching session. In on-going coaching sessions, goals will be worked on, evaluated, adapted and added to.
- 3. Coaching:** One-on-One or Group Coaching with Amanda which will take place via phone, Skype or face-to-face.

## **Monthly Topics of Focus:**

<b>Month</b>	<b>Topics of Focus: 10 month program</b>	<b>Topics of Focus: 6 month program</b>
<b>1</b>	Introduction and Preparation	Introduction and The Call
<b>2</b>	The Call	My Call
<b>3</b>	My Unique Self	My Future
<b>4</b>	My Call	My Opposition and Obstacles
<b>5</b>	My Future	My Secret, Private and Public World
<b>6</b>	My Opposition and Obstacles	My Influence
<b>7</b>	My Secret, Private and Public World	
<b>8</b>	My Influence	
<b>9</b>	Increasing My Influence	
<b>10</b>	My Race	

## **Additional Information:**

- The amount of work and reading that you will need to put into the RISE Mentor Program is up to you. The more you put in, the more you will receive and achieve. There will be no assignments, tests or marks however it is the course work and action activities which will promote your growth and around which the coaching discussion with Amanda will focus.
- A reading list will be sent to you at the commencement of the program. The books are not provided in the program and they will need to be ordered and purchased by you before the month when they are required. (at local book shops or online eg Amazon)
- Each mentoree will select one specialty stream:
  1. Ministry or Missions
  2. Marketplace Leaders
  3. Developing a Project
- Please ensure you fill in the Application Form. Print it, fill in, scan and email back to amanda@mypersonalcoach.biz or fax to 61 2 80052917.

# RISE Mentor Program: Styles, Fees and Payment Plan Options

Program Style	Program Includes	All money is AUD\$+	Payment Plan Options		
			Total Fees Payment Paid Upfront	2 x Payments	Bi-monthly Payments
<b>10 month Program</b> - Phone or Skype	- RISE Mentor Program Folder* - RISE Monthly Program^ - One-on-One Coaching with Amanda via Phone/ Skype: 10 x 1 hour sessions	\$1200	2x \$620	1 <sup>st</sup> payment: \$300  4 x payments: \$240	1 <sup>st</sup> payment: \$300  9 x payments: \$110
<b>6 month Program</b> - Phone or Skype	- RISE Mentor Program Folder* - RISE Monthly Program^ - One-on-One Coaching with Amanda via Phone/Skype: 6 x 1 hour sessions	\$800	2x \$415	1 <sup>st</sup> payment: \$300  2 x payments: \$270	1 <sup>st</sup> payment: \$320  5 x payments: \$110
<b>10 month Program</b> - Face-to-Face#	- RISE Mentor Program Folder* - RISE Monthly Program^ - One-on-One Coaching with Amanda:10 x 1 hour sessions	\$1400	2x \$720	1 <sup>st</sup> payment: \$300  4 x payments: \$290	1 <sup>st</sup> payment: \$320  9 x payments: \$130
<b>6 month Program</b> - Face-to-Face#	- RISE Mentor Program Folder* - RISE Monthly Program^ - One-on-One Coaching with Amanda:6 x 1 hour sessions	\$900	2x \$465	1 <sup>st</sup> payment: \$320  2 x payments: \$310	1 <sup>st</sup> payment: \$320  5 x payments: \$130
<b>Group Coaching Program~</b>	- RISE Mentor Program Folder* - RISE Monthly Program^ - Group Coaching: 10 months 10 x 1.5 hour sessions OR - Group Coaching:6 months 6 x 1.5 hour sessions	\$1000  \$750		Please contact Amanda	

\* **RISE Mentor Program Folder:** RISE mentorees will be posted a folder which will be used throughout the program to store all their notes.  
A copy of *Women Rising* by Amanda Antcliff will also be sent to you.

^ **RISE Monthly Program:** Every month RISE mentorees will receive resources entitled 'Topic of Focus'. These resources will be emailed to you and you will need to print them out and place them in your folder.

# **Face-to-Face Coaching:** Fees quoted include travel within a 15km radius of Amanda's office (Cromer, Nth Beaches, Sydney). Additional costs will be charged for travel time, parking and tolls. Payment of one beverage will be paid for by Amanda.

~ **Group Coaching:** If living in Sydney group coaching is a fun and stimulating option. Minimum 4 and maximum 10 per group. Group coaching meetings will take place in a café.

+ **Note:** All money is AUD\$. Payments are to be paid directly into an account via internet transfer or by credit card through PayPal. Anyone living outside Australia and paying by PayPal will be charged an extra 5% to cover fees, currency exchange and international postage.

# RISE Mentor Program: Application Form

This RISE mentor program is suitable for anyone who:

1. Wants support, inspiration, guidance, accountability, equipping and empowering to develop themselves and their call.
2. Has a specific gifting, call, position or project which they desire to develop.
3. Has been a Christian for more than 2 years and is committed to and serving in a local church.
4. Has access to a computer and printer as resources are sent via email. If living outside Australia you will need Skype for coaching.

**Thank you for applying to the Rise Mentor Program. Your application will be assessed as to your suitability. When this has occurred you will be directly contacted. Please print this form off, or save it and then fill it out. Then scan, or reattach and email back to amanda@mypersonalcoach.biz**

**Name** \_\_\_\_\_ **Email** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_ **(h)** \_\_\_\_\_ **(w)** \_\_\_\_\_ **(mob/cell)**

**Age** \_\_\_\_\_ **Gender** \_\_\_\_\_ **Highest Level of Education** \_\_\_\_\_

**Your Present Work and Responsibilities**

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**Your Present Position/Roles of Serving in Your Local Church**

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**Specialty Stream (select one):**

1.Ministry or Missions

2.Marketplace Leaders

3.Developing a Project

**Why this Specialty Stream?**

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**Ministry Reference: Name of Referee** \_\_\_\_\_

**Email of Referee** \_\_\_\_\_

**Relationship of Referee to You** \_\_\_\_\_

**Church Name** \_\_\_\_\_

**Coaching Style (please circle option):** Phone or Skype or Face-to Face or Group

**Method of Payment (please circle option):**

- **Pay By:** Internet Transfer or CreditCard via PayPal
- **Payment:** Upfront in Full or Payment Plan: (x2) or (Bi-Monthly) or (Monthly)

**Type and attach a 1-2 page summary of your salvation experience and walk with God. Detail what your gifts and call are and where you see your future heading. Lastly, explain why you are motivated to do the RISE mentor program.**