

# RISE Mentor Program

RISE mentor program exists to cultivate the call of God in your life.

The focus of this program is intensive personal growth to prepare you to fulfill this call. RISE is for anyone who wants to be mentored to develop themselves and their gifting, their dreams and call, or a God inspired project. This program will equip and empower those who are - already or getting ready to be - preachers, pastors, youth workers, teachers, coaches, missionaries, authors, business owners and marketplace leaders. In this program and mentor relationship; Amanda will nurture, develop and inspire you and your call through a course and monthly personal coaching.

**Aim of RISE:** To provide a program and to be a person who will nurture, inspire and empower you and your call to rise.

**Content of RISE:** RISE is a 10 month program with three main components based around a monthly 'Topic of Focus'. These three components are:

- 1. Course Work:** Reading and reflection activities. These activities will be based on the RISE course content and recommended reading which will be sent to you every month via email.
- 2. Action Activities:** Achievement of personal, ministry and project goals will be established in the first coaching session. In on-going coaching sessions, goals will be worked on, evaluated, adapted and added to.
- 3. Coaching:** One-on-One or Group Coaching with Amanda which will take place via email, phone, Skype or face-to-face.

**Topics of Focus:**

<b>Month 1:</b>	Introduction and Preparation Plans
<b>Month 2:</b>	The Call
<b>Month 3:</b>	My Unique Self
<b>Month 4:</b>	My Call – Defining My Purpose
<b>Month 5:</b>	My Future – Defining My Vision and Plans
<b>Month 6:</b>	My Opportunities, Opposition and Obstacles
<b>Month 7:</b>	My Private and Public World
<b>Month 8:</b>	My 'Voice'
<b>Month 9:</b>	Increasing My Influence
<b>Month 10:</b>	My Leadership – of Self and Others

## Extra Information:

- A reading list will be sent to you at the commencement of the program. The books are not provided in the program and they will need to be ordered and purchased by you before the month when they are required. (at local book shops or online eg Amazon)
- The amount of work and reading that you will need to put into the RISE mentor program is up to you. The more you put in, the more you will receive and achieve. There will be no assignments, tests or marks however it is the course work and action activities which will promote your growth and around which the coaching discussion with Amanda will be centered.
- Each mentoree will select one specialty stream: 1. Ministry or Missions    2. Marketplace Leaders    3. Developing a Project
- Please ensure you fill in the Application Form. Print it, fill in, scan and email back to [amanda@yourcafecoach.com.au](mailto:amanda@yourcafecoach.com.au) or fax to 61 2 80052917.

# RISE – Program Styles, Fees and Payment Plan Options

Program Style	Program Includes	All money is AUD\$" Total Fees Payment Paid Upfront	Payment Plan Options		
			2 x Payments	5 x Payments	10 x Payments
<b>1. Email Program</b>	- RISE Mentor Program Folder* - RISE Monthly Program^ - Coaching via email	\$800	2x \$420	1 <sup>st</sup> payment: \$300 4 x payments: \$140	1 <sup>st</sup> payment: \$300 9 x payments: \$65
<b>2. Phone /Skype Program</b>	- RISE Mentor Program Folder* - RISE Monthly Program^ - One-on-One Coaching with Amanda via Phone or Skype: 10 x 1 hour sessions	\$1200	2x \$620	1 <sup>st</sup> payment: \$300 4 x payments: \$240	1 <sup>st</sup> payment: \$300 9 x payments: \$110
<b>3. Face-to-Face Program#</b>  (you must live in Sydney, Australia)	- RISE Mentor Program folder* - RISE Monthly Program^ - One-on-One Coaching with Amanda:10 x 1 hour sessions	\$1400	2x \$720	1 <sup>st</sup> payment: \$300 4 x payments: \$290	1 <sup>st</sup> payment: \$350 9 x payments: \$130
<b>4. Group Coaching+</b>  (you must live in Sydney, Australia)	- RISE Mentor Program folder* - RISE Monthly Program^ - Group Coaching with Amanda:10 x 1 hour sessions	\$1000	2x \$520	1 <sup>st</sup> payment: \$300 4 x payments: \$190	1 <sup>st</sup> payment: \$300 9 x payments: \$90
<b>Additional Coaching Sessions</b>	- Face-to-Face Coaching - Phone or Skype Coaching	\$120 \$90	- -	- -	- -

- \* **RISE Mentor Program Folder:** RISE mentorees will be posted a folder which will be used throughout the program to store all their notes. A copy of *Women Rising* by Amanda Antcliff will also be sent to you.
- ^ **RISE Monthly Program:** Every month RISE mentorees will receive resources entitled 'Topic of Focus'. These resources will be emailed to you and you will need to print them out and place them in your folder. These resources will include:
  - RISE resources on the Topic of Focus
  - Recommended Reading List on the Topic of Focus – every month one book must be chosen, read and reviewed.
  - Action Activities - Every month there are activities or actions to promote reflection, understanding and personal growth.
- # **Face-to-Face Coaching:** Fees quoted include travel within a 15km radius of Amanda's office (Cromer, Nth Beaches, Sydney). Additional costs will be charged for travel time, parking and tolls. Payment of one beverage will be paid for by Amanda.
- + **Group Coaching:** If living in Sydney group coaching is a fun and stimulating option. Groups start in February and July if numbers permit. Minimum 4 and maximum 10 per group. Group coaching meetings will take place in a café.

**Note:** All money is AUD\$. Payments are to be paid directly into an account via internet transfer or by credit card through PayPal. Anyone living outside Australia and paying by PayPal will be charged an extra 5% to cover fees, currency exchange and international postage.

# RISE - Application Form

This RISE mentor program is suitable for anyone who:

1. Wants support, inspiration, guidance, accountability, equipping and empowering to develop themselves and their call.
2. Has a specific gifting, call, position or project which they desire to develop.
3. Has been a Christian for more than 2 years and is committed to and serving in a local church.
4. Has access to a computer and printer as resources are sent via email. If living outside Australia you will need Skype for coaching.

Your application will be assessed as to your suitability to the RISE program. When this has occurred you will be directly contacted.

**Name** \_\_\_\_\_ **Email** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_ **(h)** \_\_\_\_\_ **(w)** \_\_\_\_\_ **(mobile/cell)**

**Age** \_\_\_\_\_ **Gender** \_\_\_\_\_ **Religious Affiliation** \_\_\_\_\_ **Highest Level of Education** \_\_\_\_\_

**Your Present Work and Responsibilities** \_\_\_\_\_

**Your Present Position/Roles of Serving in Your Local Church** \_\_\_\_\_

**Specialty Stream (select one):** 1.Ministry or Missions      2.Marketplace Leaders      3.Developing a Project

**Why this Specialty Stream?** \_\_\_\_\_

**Ministry Reference: Name of Referee** \_\_\_\_\_ **Email of Referee** \_\_\_\_\_

**Relationship of Referee to You** \_\_\_\_\_ **Church Name** \_\_\_\_\_

**Coaching Style (please circle option):** Email or Phone or Skype (microphone and/or webcam) or Face-to Face or Group

**Method of Payment (please circle option):** Payment in Full or Payment Plan (x2)(x5) or(x10) **Pay By:** Internet Transfer or Credit Card via PayPal

**Type and attach a 1-2 page summary of your salvation experience and walk with God. Detail what your gifts and call are and where you see your future heading. Lastly, explain why you are motivated to do the RISE mentor program.**

Please print this form off and fill it out. Then scan and email back to amanda@yourcafecoach.com.au or fax to 61 2 80052917.